

FLORIDA JUDO, INC.
Class B Member of
UNITED STATES JUDO, INC.

JUDO RANK SYSTEM
PROMOTIONAL
GUIDELINES



FLORIDA JUDO INCORPORATED

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Part I

BOARD OF EXAMINERS

Section 1

The Board of Examiners, also known as the Promotion Board, shall govern all technical matters of Florida Judo, Inc. Technical matters are those matters specifically concerned with the proficiency and understanding of Judo techniques, and the philosophy of the sport of Judo. The Board of Examiners is charged with the responsibility of maintaining the highest standards of excellence and integrity in the promotion, practice, and teaching of the sport of Judo.

Section 2

Membership on the Board of Examiners shall be composed of a minimum of seven (7) Yudansha that hold the rank of Yodan (4th Degree Black Belt) or higher. At least one member of the board shall be a woman when one meeting the other requirement is available. All members of the Board of Examiners must be members in good standing of Florida Judo, Inc. and United States Judo, Inc.

Section 3

The Promotion Board will be appointed by the Chief Examiner with the approval of the Board of Directors.

Section 4

The term of office for the Promotion Board will be two (2) years and coincide with the term of office of the Executive Committee. Board members appointed mid term will fill the remainder of that term. Promotion Board members who miss more than two (2) consecutive board meetings will be replaced.

Section 5

Officers of the Board of Examiners shall include the following:

- (a) Chairman

- (b) Vice Chairman

- (c) Board Members

Section 6

The officers of the Board of Examiners shall be elected from the membership of the Board of Examiners by the members of the Board.

Section 7

The duties of the officers of the Board of Examiners are as follows:

(a) Chairman - The Chairman of the Board of Examiners shall preside at all Florida Judo, Inc. promotion examinations in accordance with the procedures established by the Board of Examiners and the USJI Promotion Committee.

(b) Vice Chairman - The Vice Chairman will act in the absence of the Chairman at all meetings and will assume the Chairmanship when the Chairman resigns or leaves the state permanently. In so doing, the Vice Chairman will fill out the remainder of the term as chairman, and a Vice Chairman will be appointed by the Executive Committee for the remainder of the term.

(c) Chief Examiner - The Chief Examiner shall be the senior member of the Board and shall serve as the senior technical advisor to the Board in the conduct of examinations and promotion procedures.

(d) Promotion Secretary - The Promotion Secretary shall be appointed by the Board of Examiners. The Promotion Secretary shall receive all applications for promotion; verify membership, time in grade, and eligibility for promotion. The Promotion Secretary shall prepare and present to the Board of Examiners a list of all persons seeking examination for promotion. Upon satisfactorily meeting all promotion requirements a candidate shall pay all promotion fees to the Promotion Secretary. The Promotion Secretary shall endorse all promotions in the name of the Board of Examiners and forward the promotion or recommendation to the National Promotion Board. The Promotion Secretary shall have the sole responsibility for maintaining all records of the Board of Examiners and the Records of all promotions within Florida Judo, Inc. All inquiries regarding the rank of a member of Florida Judo, Inc. must be verified through the Promotion Secretary. The Promotion Secretary shall serve as the primary liaison between the board of Examiners of Florida Judo, Inc. and the USJI Promotion Board.

Section 8

The Board of Examiners shall delegate promotional authority to supervising Yudansha/Mudansha of registered clubs of Florida Judo, Inc. To be eligible for delegated promotional authority, the supervising Yudansha/Mudansha must be a member in good standing of Florida Judo, Inc. The supervising Yudansha/Mudansha must also be supervising the activities of a registered Judo club of Florida Judo, Inc. All Yudansha/Mudansha with delegated promotional authority are required to file a copy of their signature with the Promotion Secretary.

Section 9

The Board of Examiners shall delegate promotional authority to supervising Yudansha/Mudansha of registered Florida Judo, Inc. clubs according to the following guidelines:

- (a) Yodan and higher may promote to Sandan
- (b) Sandan may promote to Nidan
- (c) Nidan may promote to Shodan
- (d) Shodan may promote to Ikkyu

Section 10

All Yudansha promotions must be reviewed by the Promotion Secretary to assure compliance with all minimum promotional criteria set forth in this document. Any deviations from the minimum criteria set forth in this document will be referred to the Chief Examiner and/or Promotion Board for disposition.

Section 11

Yudansha not in a club supervising capacity may RECOMMEND to the Board of Examiners in accordance with the following criteria:

- (a) Yodan and higher may recommend to Ikkyu
- (b) Sandan may recommend to Nikyu
- (c) Nidan may recommend to Sankyu
- (d) Shodan may recommend to Yonkyu

Section 12

Recommendations from Yudansha that are not members of Florida Judo, Inc. may not be accepted or acted upon by the Board of Examiners. However, the individuals recommended, may, upon their own initiative, petition for examination.

Section 13

Upon completion of the examination, the candidate shall immediately be informed of the decision of the Examiner. In the event a candidate fails at examination, the candidate shall be fully appraised as to the reasons for his/her failure.

Section 14

Promotion fees for successful candidates for promotion shall be as follows:

- (a) Yudansha - As established by USJI and FJI
- (b) Senior Kyu - \$10.00 per Kyu promotion
- (c) Junior Kyu - \$10.00 per Kyu promotion

Section 15

The Board of Examiners of Florida Judo, Inc. shall accept and evaluate candidates for promotion from any other Class “B” member, providing an agreement has been executed by that Class “B” member of USJI and Florida Judo, Inc. that authorizes Florida Judo, Inc. to act as the Board of Examiners for the requesting Class “B” member. In such event, associated Class “B” members shall be entitled to appoint a minimum of two (2) persons to serve as “Ad Hoc” members of the Board of Examiners during the examination of candidates from that Class “B” member. Individuals seeking examination before the Board of Examiners who are not residents of the State of Florida and not members of Florida Judo, Inc. must have authorization from their State Governing Body to undergo examination.

Section 16

The Board of Examiners of Florida Judo, Inc. shall accept and evaluate candidates for promotion from any Class “A” member of United States Judo, Inc., provided, such candidates are members in good standing of a Class “B” member and United States Judo, Inc..

Section 17

The Board of Examiners of Florida Judo, Inc. shall recognize all ranks from the International Judo Federation, the Kodokan, the United States Judo Federation, the United States Judo Association, and other USJI Class B organizations. The date of rank accepted by Florida Judo, Inc. shall be the date of rank noted on the appropriate certificate. Upon registration with Florida Judo, Inc. no further promotions will be recognized beyond those awarded by Florida Judo, Inc. and United States Judo, Inc.

Part II

SENIOR PROMOTIONAL REQUIREMENTS FOR MALE AND FEMALE

General Requirements:

The following time-in-grade and point requirements are the minimum necessary to allow a Judoka to be examined for promotion to the rank of Senior Gokyu or above. Meeting these basic requirements does not mean the candidate will be promoted. He or she must then satisfactorily demonstrate the skills and techniques described in the following pages for each rank, perform the basic kata requirements well enough to receive the minimum average scores, pass a written examination, and meet all other standards described below.

The competitor will keep a record book and have it certified correct by each tournament director or designated official and by each shiai competitor defeated. The record must contain the following information:

- (a) Tournament name, date, and site
- (b) Name, rank of competitors defeated
- (c) Final Kata Standings, average score earned and number of entries
- (d) Certification of tournament official

I. **SHIAI POINTS** may be earned for entry in SENIOR or MASTER category competition as follows:

A. The following events qualify for shiai points:

- (1) Sanctioned (USJI/FJI) District and Local Tournaments (5 or more clubs participating). Points may not be given or earned for club shiai or shiai with fewer than 5 clubs participating.
- (2) Sanctioned (USJI/FJI) Statewide Tournaments (e.g., Sunshine State Games)
- (3) Sanctioned (USJI/Class B USJI Representative) Regional Tournament (3 or more states invited or represented)
- (4) Sanctioned (USJI) National Tournaments
- (5) International Tournaments

B. The following points may be earned at the above described events:

- (1) 1 point for entering competitive event
- (2) 1/2 point for defeating a competitor one or two ranks lower
- (3) 1 point for defeating a competitor of same rank
- (4) 1 1/2 points for defeating a competitor of one rank higher
- (5) 2 points for defeating a competitor two or more ranks higher

C. Professional Services

- (1) Professionals (Doctors, Lawyers, etc.) who provide a continuing service to Florida Judo, Inc. or a member club without compensation shall earn 4 points for each year the continuing service is rendered
- (2) Professionals who render a one time service without compensation shall receive 2 points for said service
- (3) Professionals must hold a valid NGB card for the year the points are awarded

D. Special Dispensation

Students who for medical or incapacitating conditions are unable to compete, referee, etc., but who regularly attend class and continually support their dojo will be eligible for promotion having met the time in grade criteria for non-competitor and at the discretion of the Promotion Board. A letter from the Supervising Sensei will be sent to the Promotion Board requesting special dispensation which outlines the reason that the individual is unable to meet the minimum requirements and the reason the Board should consider said special dispensation. Each case will be addressed on an individual basis at either the annual or semi-annual Promotion Board meeting.

II. KATA POINTS may be earned by entering and/or placing in designated tournaments as follows:

A. International and Senior National Championships:

NUMBER OF TEAMS:	9+	7-8	4-6	3	2	1
1st Place	5 pts.	4 pts.	3 pts.	2 pts.	1 pt.	0
2nd Place	4 pts.	3 pts.	2 pts.	1 pt.	0	0
3rd Place	3 pts.	2 pts.	1 pt.	0	0	0

B. Regional or Statewide Tournaments:

NUMBER OF TEAMS:	4+	3	2	1
1st Place	3 pts.	2 pts.	1 pt.	0
2nd Place	2 pts.	1 pt.	0	0
3rd Place	1 pt.	0	0	0

C. One (1) Entry Point is earned for competitors that attain the average minimum score required for their rank during the competition according to the following standards:

AVERAGE MINIMUM SCORE FOR KATA POINTS

Sankyu and below	4.0
Nikyu	4.5
Ikkyu	5.0
Shodan	5.5
Nidan	6.0
Sandan	7.0
Yodan	8.0

III. **SHIAI OFFICIALS' POINTS** may be earned by serving in the following official positions (points may be earned each day for tournaments lasting more than one day). Points may only be earned for one position per tournament (per day). To qualify for points, work must be performed for the duration of the tournament (each day).

A. Sanctioned (USJI/FJI) District and Local Tournaments (5 or more clubs participating)

- (1) 4 points for serving as **TOURNAMENT DIRECTOR**
- (2) 4 points for serving as **HEAD REFEREE**
- (3) 3 points for serving as **REFEREE/JUDGE**
- (4) 1 point for serving as **TIMER and/or SCORER**
- (5) 1 point for other supporting functions

B. Sanctioned (USJI/FJI) Statewide Tournaments (e.g. Sunshine State Games) and Sanctioned (USJI/Class B USJI Representative) Regional Tournament (3 or more states invited or represented):

- (1) 5 points for serving as **TOURNAMENT DIRECTOR**
- (2) 5 points for serving as **HEAD REFEREE**

- (3) 4 points for serving as REFEREE/JUDGE
- (4) 1 point for serving as TIMER and/or SCORER
- (5) 1 point for other supporting functions

C. Sanctioned USJI National Tournaments and International Tournaments:

- (1) 6 points for serving as TOURNAMENT DIRECTOR
- (2) 3 points for serving as ASSISTANT DIRECTOR
- (3) 3 points for serving as REGISTRAR
- (4) 6 points for serving as HEAD REFEREE
- (5) 5 points for serving as REFEREE/JUDGE
- (6) 2 points for other supporting functions

IV. **CLINIC AND CAMP POINTS** may be earned as follows:

A. FJI sanctioned Local, District, or Statewide clinic/camp with 5 or more clubs invited

- (1) 2 points for serving as CLINIC/CAMP DIRECTOR
- (2) 3 points for serving as CLINICIAN
- (3) 1 point for participation

B. USJI sanctioned Regional, National, or International clinic/camp

- (1) 4 points for serving as CLINIC/CAMP DIRECTOR
- (2) 5 points for serving as CLINICIAN
- (3) 1 point for participation

V. **CERTIFIED OFFICIALS** may earn points as follows (points may be earned in only one classification per year):

A. CERTIFIED KATA JUDGES/CERTIFIED TEACHERS:

- (1) 5 points for Class A (International)
- (2) 4 points for Class B (Continental)
- (3) 3 points for Class C (National)
- (4) 2 points for Class D (State)
- (5) 1 point for Class E (Local)

B. CERTIFIED REFEREES:

- (1) 6 points for IJF-“A” (a.k.a. International)
- (2) 5 points for IJF-“B” (a.k.a. Continental)
- (3) 4 points for North American Region
- (3) 3 points for National
- (4) 2 points for Regional
- (5) 1 point for Local

VI. LEADERSHIP SERVICE POINTS may be earned in accordance with the following (points are based on a September 1 to August 31 year):

A. INTERNATIONAL, NATIONAL, and STATE positions as follows:

- (1) 3 points for OFFICERS/BOARD OF DIRECTORS
- (2) 3 points for COMMITTEE CHAIRMEN
- (3) 2 points for COMMITTEE MEMBERS
- (4) 1 point for DELEGATES

B. SUPERVISING SENSEI of USJI/FJI Chartered Clubs as follows (per September 1 to August 31 year):

- (1) For a club with 100 or more USJI registered students:
 - (a) 5 points for the SUPERVISING SENSEI
 - (b) 3 points for the ASSISTANT
- (2) For a club with 50-99 USJI registered students:
 - (a) 4 points for the SUPERVISING SENSEI
 - (b) 2 points for the ASSISTANT
- (3) For a club with 25-49 USJI registered students:
 - (a) 3 points for the SUPERVISING SENSEI
 - (b) 1 point for an ASSISTANT
- (4) For a club with 5-24 USJI registered students:
 - (a) 2 points for the SUPERVISING SENSEI
 - (b) 1 point for an ASSISTANT

(NOTE: Only one assistant per club/dojo. No points for positions with a club/dojo with fewer than 5 registered students.)

C. In recognition of GRASSROOTS DEVELOPMENT, supervising sensei of USJI/FJI chartered clubs may earn additional points as follows:

- (1) 4 points for increasing club membership by 30 or more USJI registered students over the previous year

- (2) 3 points for increasing club membership by 20 to 29 USJI registered students over the previous year
- (3) 2 points for increasing club membership by 10 to 19 USJI registered students over the previous year

D. In recognition for DEVELOPMENT OF OUTSTANDING COMPETITORS, the supervising sensei of USJI/FJI chartered clubs may earn additional points for each outstanding competitor who is currently registered to his/her dojo:

- (1) 5 points for outstanding Shiai or Kata National competitors
- (2) 8 points for outstanding Shiai or Kata International competitors

E. Additional points may be earned for publication of appropriate Judo related material as follows (points for publication may only be earned one time and only in the year of the publication. However, points are carried forward toward the next promotion.):

- (1) 5 points for publication of a book
- (2) 3 points for publication of an article in an international publication
- (3) 2 points for publication of an article in a national publication
- (4) 1 point for publication of an article in a state or local publication

VII. PROMOTION STANDARDS (Senior Male and Female)

A. Kata Demonstration

(1) All candidates must perform the required Kata(s) unless he or she has competed in a designated tournament and received the required minimum score equal to the rank for which they are being examined.

(2) Demonstration requirements are set forth as follows:

COMPETITORS/NON-COMPETITORS

RANK	KATA	SET	ROLE	AVERAGE SCORE
Nikyu	Nage-no-kata	1	uke	4
Ikkyu	Nage-no-kata	3	uke	5
	Nage-no-kata	3	tori	4
Shodan	Nage-no-kata	5	uke	5
	Nage-no-kata	5	tori	5
Nidan	Nage-no-kata	5	uke	5
	Nage-no-kata	5	tori	5
	Katame-no-kata	3	uke	5
Sandan	Katame-no-kata	3	tori	5
	Nage-no-kata	5	uke	5
	Nage-no-kata	5	tori	5
	Katame-no-kata	3	uke	5
	Katame-no-kata	3	tori	5
	Ju-no-kata	3	uke	5
	Ju-no-kata	3	tori	5

*Note: Kime-no-kata may be substituted for Ju-no-kata

Yodan and Higher

Kata requirements are those as set by the USJI Standards Committee/Promotion Board.

Yodan/Godan

Nage-no-kata
Katame-no-kata
Ju-no-kata

Kime-no-kata or Goshin Ho

Rokudan

Nage-no-kata
Katame-no-kata
Ju-no-kata
Kime-no-kata
Goshin Ho

Shichidan

Nage-no-kata
Katame-no-kata
Ju-no-kata
Goshin Ho
Itsutsu-no-kata

Hachidan

Nage-no-kata
Katame-no-kata
Ju-no-kata
Kime-no-kata
Goshin Ho
Itsutsu-no-kata
Koshiki-no-kata

3. Demonstration Requirements may be completed in sanctioned FJI Judo Clinics specially designated to meet the standards set forth by Florida Judo, Inc. Candidates meeting the minimum demonstration requirements at the Clinics shall be properly certified as to meeting the demonstration requirements. Such certifications shall be valid for a period of eighteen (18) months and may be accepted in lieu of demonstration at scheduled promotional examinations.

VI. SEINEN KYU/DAN REQUIREMENTS

A. ROKKYU (White Belt)

This rank is assigned to individuals of good moral character who have been accepted as students in a Judo club or class and have completed registration with USJI and FJI.

B. GOKYU (White Belt)

1. General Requirements

- (a) Good moral character and maturity
- (b) Regular practice and attendance
- (c) Time in grade: No minimum required

2. Examination Requirements

- (a) No written examination required

3. Shiai/Promotional Point Requirements

- (a) None required

4. Demonstration Requirements

- (a) Ukemi, Kumikata, Shisei, Shintai, Kuzushi, Taisabaki
- (b) Nage Waza
 - (1) O Soto Gari
 - (2) O Goshi
- (c) Osaekomi Waza
 - (1) Kesa Gatame
 - (2) Kata Gatame
- (d) Shime Waza
 - (1) Nami Juji Jime
 - (2) Hadaka Jime

C. YONKYU (Green Belt)

1. General Requirements

- (a) Good moral character and maturity
- (b) Regular practice and attendance
- (c) Time in grade: three (3) months

2. Examination Requirements

- (a) Written examination with a minimum passing score of 40%

3. Shiai/Promotional Point Requirements

- (a) Six (6) points

4. Demonstration Requirements

- (a) Ukemi, Kumikata, Shisei, Shintai, Kuzushi, Taisabaki
- (b) Nage Waza:
 - (1) Sasae Tsuru Komi Ashi
 - (2) O Uchi Gari
 - (3) Okuri Ashi Barai
 - (4) De Ashi Barai
- (c) Oasekomi Waza:
 - (1) Yoko Shiho Gatame
 - (2) Kami Shiho Gatame
- (d) Shime Waza:
 - (1) Kata Juji Jime
 - (2) Gyaku Juji Jime
- (e) Kansetsu Waza:
 - (1) Ude Garame
- (f) Renraku Waza:
 - (1) O Goshi to O Uchi Gari
- (g) Tokui Waza:
 - (1) Choice of candidate
 - (2) Renraku waza with Tokui waza
- (h) Achieve minimum score of 3 on demonstration.

D. SANKYU (Brown Belt)

1. General Requirements
 - (a) Good moral character and maturity
 - (b) Regular practice and attendance
 - (c) Time in grade:
 - (1) Competitor: three (3) months
 - (2) Non-competitor: six (6) months
2. Examination Requirements
 - (a) Written examination with a minimum passing score of 50%
3. Shiai/Promotional Point Requirements
 - (a) Ten (10) points
4. Demonstration Requirements
 - (a) Ukemi, Kumikata, Shisei, Shintai, Kuzushi, Taisabaki
 - (b) Nage Waza:
 - (1) Hiza Guruma
 - (2) Harai Goshi
 - (3) Seoinage
 - ((a)) Ippon Seoinage
 - ((b)) Morote Seoinage

- (4) Ko Uchi Gari
- (5) Tai Otoshi
- (6) Hane Goshi
- (7) Tomoe Nage
- (c) Osae Komi Waza:
 - (1) Kuzure Kata Gatame
 - (2) Kuzure Kesa Gatame
 - (3) Kuzure Yoko Shiho Gatame
 - (4) Kuzure Kami Shiho Gatame
- (d) Shime Waza:
 - (1) Kataha Jime
 - (2) Okuri Eri Jime
- (e) Kansetsu Waza:
 - (1) Juji Gatame
 - (2) Ude Gatame
- (f) Renraku Waza:
 - (1) Ko Uchi Gari to Harai Goshi
 - (2) O Uchi Gari to Tai Otoshi
 - (3) O Uchi Gari to Ko Uchi Gari
- (g) Kaeshi Waza:
 - (1) One (1) Kaeshi Waza (choice)
- (h) Achieve an average score of 4 on demonstration

E. NIKYU (Brown Belt)

1. General Requirements
 - (a) Good moral character and maturity
 - (b) Regular practice and attendance
 - (c) Time in grade:
 - (1) Competitor: six (6) months
 - (2) Non-competitor: nine (9) months
2. Examination Requirements
 - (a) Written examination with a minimum passing score of 60%
3. Shiai/Promotional Point Requirements
 - (a) Eighteen (18) points
4. Demonstration Requirements
 - (a) Ukemi, Kumikata, Shisei, Shintai, Kuzushi, Taisabaki
 - (b) Nage Waza:
 - (1) Uki Goshi
 - (2) Ko Soto Gari
 - (3) Koshi Guruma

- (4) Tsuru Komi Goshi
 - (5) Uchi Mata
 - (6) Yoko Otoshi
 - (7) Kata Guruma
 - (8) Tani Otoshi
 - (9) Hane Makikomi
 - (c) Osae Komi Waza:
 - (1) Tate Shiho Gatame
 - (2) Kuzure Tate Shiho Gatame
 - (3) Ushiro Kesa Gatame
 - (d) Kansetsu Waza:
 - (1) Hiza Gatame
 - (2) Waki Gatame
 - (e) Renraku Waza:
 - (1) Ko Uchi Gari to Morote Seoinage
 - (2) Hane Goshi to O Soto Gari
 - (f) Kaeshi Waza:
 - (1) Three (3) Kaeshi Waza (Choice)
 - (g) Achieve an average score of 5 on demonstration
5. Kata
- (a) See Kata Requirements in Paragraph VII A

F. IKKYU (Brown Belt)

1. General Requirements
 - (a) Good moral character and maturity
 - (b) Regular practice and attendance
 - (c) Time in grade:
 - (1) Competitor: nine (9) months
 - (2) Non-competitor: twelve (12) months
2. Examination Requirements
 - (a) Written examination with a minimum passing score of 70%
3. Shiai/Promotional Point Requirements
 - (a) Twenty-four (24) points
4. Demonstration Requirements
 - (a) Ukemi, Kumikata, Shisei, Shintai, Kuzushi, Taisabaki
 - (b) Ne Waza: form, entry, escape, and defense
 - (c) Nage Waza:
 - (1) Ko Soto Kake
 - (2) Tsuru Goshi
 - (3) Ashi Guruma

- (4) Sumi Gaeshi
- (5) Uki Otoshi
- (6) Soto Maki Komi
- (7) O Guruma
- (8) Utsuri Goshi
- (9) Sukui Nage
- (10) Uki Waza

(d) Osae Komi Waza, Kansetsu Waza, Shime Waza, Renraku Waza, Kaeshi Waza:

- (1) The ability to demonstrate any of the techniques drawn from lower belt rank requirements
- (2) Demonstrate twenty (20) techniques to be selected at random for demonstration before the examining board.

(e) Achieve an average score of 6 on demonstration

5. Kata

- (a) See Kata Requirements in Paragraph VII A

G. SHODAN (Black Belt)

1. General Requirements

- (a) Good moral character and maturity
- (b) Regular practice and attendance
- (c) Time in grade:
 - (1) Competitor: twelve (12) months
 - (2) Non-competitor: twenty-four (24) months
- (d) Regional Referee Certificate

2. Examination Requirements

- (a) Written examination with a minimum passing score of 75%

3. Shiai/Promotional Point Requirements

- (a) Thirty-size (36) points

4. Demonstration Requirements

- (a) Ukemi, Kumikata, Shisei, Shintai, Kuzushi, Taisabaki
- (b) Ne Waza: form, entry, escape, and defense
- (c) Nage Waza:
 - (1) O Soto Guruma
 - (2) Yoko Wakare
 - (3) Yoko Guruma
 - (4) Ushiro Goshi
 - (5) Ura Nage
 - (6) Sumi Otoshi
 - (7) Yoko Gake

- Kaeshi
- (d) Osae Komi Waza, Kansetsu Waza, Shime Waza, Renraku Waza, Waza:
 - (1) The ability to demonstrate any of the techniques drawn from lower belt rank requirements
 - (2) Demonstrate twenty (20) techniques to be selected at random for demonstration before the examining board.
 - (e) Achieve an average score of 7 on demonstration

5. Kata

- (a) See Kata Requirements in Paragraph VII A

H. NIDAN (Black Belt)

1. General Requirements

- (a) Good moral character and maturity
- (b) Regular practice and attendance
- (c) Time in grade:
 - (1) Competitor: twenty-four (24) months
 - (2) Non-competitor: forty-eight (48) months

2. Examination Requirements

- (a) Written examination with a minimum passing score of 80%

3. Shiai/Promotional Point Requirements

- (a) Forty-eight (48) points

4. Demonstration Requirements

- (a) Ability to demonstrate and teach any part of the requirements for previous ranks
- (b) Demonstrate four (4) techniques from each of the five (5) sets of Go Kyo No Waza. Choice of candidate. Candidate must be prepared to explain the key points for each technique demonstrated.
- (c) Demonstrate five (5) Renraku Waza and be prepared to explain the key points for each technique demonstrated.
- (d) Demonstrate eight (8) Kaeshi Waza and be prepared to explain the key points for each technique demonstrated.
- (e) Achieve an average score of 7.5 on demonstration

5. Kata

- (a) See Kata Requirements in Paragraph VII A

6. Referee Certification

- (a) Competitor: Regional Referee certification
- (b) Non-competitor: Regional Referee certification

I. SANDAN (Black Belt)

1. General Requirements
 - (a) Good moral character and maturity
 - (b) Regular practice and attendance
 - (c) Time in grade:
 - (1) Competitor: thirty-six (36) months
 - (2) Non-competitor: seventy-two (72) months
2. Shiai/Promotional Point Requirements
 - (a) Sixty (60) points
3. Demonstration Requirements
 - (a) Ability to demonstrate and teach any part of the requirements for previous ranks
 - (b) Demonstrate those techniques requested by the Board of Examiners
 - (c) Achieve an average score of 8 on demonstration
4. Kata
 - (a) See Kata Requirements in Paragraph VII A
5. Referee Certification
 - (a) Competitor: Regional Referee certification
 - (b) Non-competitor: Regional Referee certification

J. YODAN (Black Belt)

1. General Requirements
 - (a) Good moral character and maturity
 - (b) Regular practice and attendance
 - (c) Minimum age: 21 years of age
 - (d) Time in grade:
 - (1) Competitor: five (5) years
 - (2) Non-competitor: nine (9) years
2. Shiai/Promotional Point Requirements
 - (a) Seventy-two (72) points
3. Kata
 - (a) See Kata Requirements in Paragraph VII A
4. Active Contribution to Judo: (competitor/non-competitor)
 - (a) Offices held
 - (b) Certified referee
 - (c) Teaching ability
 - (d) Coaching ability
 - (e) Tournament director
 - (f) Member, Promotion Board
 - (g) Judo Clinics:
 - (1) as a teacher

- (2) as a participant
- (h) Other contributions

K. GODAN (Black Belt)

1. General Requirements
 - (a) Good moral character and maturity
 - (b) Regular practice and attendance
 - (c) Minimum age: 22 years of age
 - (d) Time in grade:
 - (1) Competitor: seven (7) years
 - (2) Non-competitor: twelve (12) years
2. Shiai/Promotional Point Requirements
 - (a) Eighty-four (84) points
3. Kata
 - (a) See Kata Requirements in Paragraph VII A
4. Active Contribution to Judo: (competitor/non-competitor)
 - (a) Offices held
 - (b) Certified referee
 - (c) Teaching ability
 - (d) Coaching ability
 - (e) Tournament director
 - (f) Member, Promotion Board
 - (g) Judo Clinics:
 - (1) as a teacher
 - (2) as a participant
 - (h) Other contributions

L. ROKUDAN (Black or Red and White Belt)

1. General Requirements
 - (a) Good moral character and maturity
 - (b) Regular practice and attendance
 - (c) Minimum age: 27 years of age
 - (d) Time in grade:
 - (1) Competitor: twelve (12) years
 - (2) Non-competitor: fifteen (15) years
2. Shiai/Promotional Point Requirements
 - (a) Ninety-six (96) points
3. Kata
 - (a) See Kata Requirements in Paragraph VII A

4. Active Contribution to Judo: (competitor/non-competitor)
 - (a) Offices held
 - (b) Certified referee
 - (c) Teaching ability
 - (d) Coaching ability
 - (e) Tournament director
 - (f) Member, Promotion Board
 - (g) Judo Clinics:
 - (1) as a teacher
 - (2) as a participant
 - (h) Other contributions

M. SHICHIDAN (Black or Red and White Belt)

1. General Requirements
 - (a) Good moral character and maturity
 - (b) Regular practice and attendance
 - (c) Minimum age: 33 years of age
 - (d) Time in grade:
 - (1) Competitor: fifteen (15) years
 - (2) Non-competitor: eighteen (18) years
2. Shiai/Promotional Point Requirements
 - (a) One hundred eight (108) points
3. Kata
 - (a) See Kata Requirements in Paragraph VII A
4. Active Contribution to Judo: (competitor/non-competitor)
 - (a) Offices held
 - (b) Certified referee
 - (c) Teaching ability
 - (d) Coaching ability
 - (e) Tournament director
 - (f) Member, Promotion Board
 - (g) Judo Clinics:
 - (1) as a teacher
 - (2) as a participant
 - (h) Other contributions

N. HACHIDAN (Black or Red and White Belt)

1. General Requirements
 - (a) Good moral character and maturity

- (b) Regular practice and attendance
- (c) Minimum age: 48 years of age
- (d) Time in grade:
 - (1) Competitor: eighteen (18) years
 - (2) Non-competitor: twenty-one (21) years
- 2. Shiai/Promotional Point Requirements
 - (a) One hundred twenty (120) points
- 3. Kata
 - (a) See Kata Requirements in Paragraph VII A
- 4. Active Contribution to Judo: (competitor/non-competitor)
 - (a) Offices held
 - (b) Certified referee
 - (c) Teaching ability
 - (d) Coaching ability
 - (e) Tournament director
 - (f) Member, Promotion Board
 - (g) Judo Clinics:
 - (1) as a teacher
 - (2) as a participant
 - (h) Other contributions

Senior Promotion Requirements Summary

Rank	Nage Waza (Throwing Techniques)	Osae Komi Waza (Pinning Techniques)	Shime Waza (Choking Techniques)	Kansetsu Waza (Armlocking Techniques)	Kata	Mini- mum Time in Mon.	Mini- mum Pts.
Gokyu (White)	O Soto Gari O Goshi	Kesa Gatame Kata Gatame	Nami Juji Jime Hadaka Jime			0	0
Yonkyu (Green)	Sasae Tsuru Komi Ashi O Uchi Gari Okuri Ashi Barai De Ashi Barai	Yoko Shiho Gatame Kami Shiho Gatame	Kata Juji Jime Gyaku Juji Jime	Ude Garami		3	6
Sankyu (Brown)	Hiza Guruma Harai Goshi Ippon Seoinage Morote Seoinage Ko Uchi Gari Tai Otoshi Hane Goshi Tomoe Nage	Kuzure Kata Gatame Kuzure Kesa Gatame Kuzure Yoko Shiho Gatame Kuzure Kami Shiho Gatame	Kataha Jime Okuri Eri Jime	Juji Gatame Ude Gatame		3 (6)	10
Nikyu (Brown)	Uki Goshi Ko Soto Gari Koshi Guruma Tsuru Komi Goshi Uchi Mata Yoko Otoshi Kata Guruma Tani Otoshi Hane Maki Komi	Tate Shiho Gatame Kuzure Tate Shiho Gatame Ushiro Kesa Gatame		Hiza Gatame Waki Gatame	1 Set of Nage- no-kata as uke	6 (9)	18
Ikkyu (Brown)	Ko Soto Gake Tsuru Goshi Ashi Guruma Sumi Gaeshi Uki Otoshi O Soto Maki Komi O Guruma Utsuri Goshi Sukui Nage Uki Waza				3 Sets of Nage- no-kata as both uke and tori	9 (12)	24
Shodan (Black)	O Soto Guruma Yoko Wakare Yoko Guruma Ushiro Goshi Ura Nage Sumi Otoshi Yoko Gake				5 Sets of Nage- no-kata as both uke and tori	12 (24)	36

**NOTES: MONTHS in parentheses (#) are for non-competitors.
All points and Time are counted since last promotion.
Each rank's requirements include all waza listed for lower ranks.**

Part III

Junior Promotional Requirements For Male and Female

Minimum Age Chart

Kyu Grade	Minimum Age	Belt Color
Rokkyu		White
Gokyu		Yellow
Yonkyu		Orange
Sankyu	9	Green
Nikyu	11	Blue
Ikkyu	13	Purple

The maximum age for the wearing of junior ranks is 17 years of age.

Florida Judo, Inc. Judo Rank System

Kyu Grade Minimum Age Belt Color
Rokkyu White

<u>History & General Knowledge</u>											
								<u>P</u>	<u>F</u>		
Who was the founder of Judo? [Jigoro Kano]								___	___		
What is the name of the school he started? [Kodokan]								___	___		
Where & when did he start the Kodokan? [Tokyo, 1882]								___	___		
Name the National Governing Body for Judo in the U.S.A. [United States Judo, Inc. or USA Judo]								___	___		
How & when was this body started? [Act of Congress, 1978]								___	___		
What is the name of your State Governing Body? [Florida Judo, Inc.]								___	___		
What is the minimum size of a contest area? [8mx8m]								___	___		
What is the minimum size of the safety area? [3m]								___	___		
How far apart do the contestants stand to start the contest? [4m]								___	___		
What is the length of a contest? [3 or 5 minutes- real time]								___	___		
<u>Terminology</u>											
				<u>P</u>	<u>F</u>					<u>P</u>	<u>F</u>
Teacher [Sensei]				___	___	Off Balance [Kuzushi]				___	___
Gentle Way [Judo]				___	___	Position [Tsukuri]				___	___
Judo Player [Judoka]				___	___	Throw [Kake]				___	___
Attention [Kiyotsuke]				___	___	Repetition [Uchi Komi]				___	___
Bow [Rei]				___	___	Free Play [Randori]				___	___
Start [Hajime]				___	___	Almost Waza Ari [Yuko]				___	___
Stop [Matte]				___	___	Almost Ippon [Waza Ari]				___	___
Freeze [Sono Mama]				___	___	Full Point [Ippon]				___	___
Pin Control [Osae Komi]				___	___					___	___
Pin Broken [Toketa]				___	___					___	___
<u>Demonstration</u>											
<u>General</u>			<u>Throws</u>						<u>Pins</u>		
		<u>P</u>	<u>F</u>			<u>P</u>	<u>F</u>			<u>P</u>	<u>F</u>
Posture		___	___	O Soto Gari		___	___	Kesa Gatame		___	___
Sitting		___	___	O Goshi		___	___	Kata Gatame		___	___
Walking		___	___	<u>Block/Avoidances for Above Throw</u>				<u>Escapes for Above Pins</u>			
Turning		___	___	Lift Leg		___	___	Bridge & Roll		___	___
Falling		___	___	Jump Around		___	___	Backward Roll		___	___
Grips		___	___	<u>Combinations to Above Throws</u>							
Breaks		___	___	O Soto Gari		___	___				
Mat Entries		___	___								

Name _____ Age ___ Date _____ Pass ___ Fail ___
Name of Judge _____

Florida Judo, Inc. Judo Rank System

Kyu Grade Minimum Age Belt Color
Gokyu Yellow

<u>History & General Knowledge</u>								
				<u>P</u>	<u>F</u>			
When was Judo first included in the Olympics? Where? [1964, Tokyo]				___	___			
How many degrees of Black Belt are there? [10 degrees]				___	___			
Name three men who obtained the 10th degree? [Mifune, Iizuka, Samura, Nagaoka, Yamashita, Isogai, Kotani, Tabata, Okano, Shoriki, Kurihara, Nakano]				___	___			
Name the two Principles of Judo. [1. Maximum Efficiency with Minimum Effort, 2. Mutual Benefit and Welfare]				___	___			
What is the ultimate goal of Judo? [The harmonious development and eventual perfection of human character]				___	___			
<u>Terminology</u>								
		<u>P</u>	<u>F</u>			<u>P</u>	<u>F</u>	
Shoulder [Seoi]	___	___	Spring [Hane]	___	___	___	___	
Hand [Te]	___	___	Prop [Sasae]	___	___	___	___	
Hip [Goshi]	___	___	Judo Suit [Judo Gi]	___	___	___	___	
Foot [Ashi]	___	___	Lapel [Eri]	___	___	___	___	
Side [Yoko]	___	___	Sleeve [Sode]	___	___	___	___	
Back [Ma]	___	___	Lift [Tsuru]	___	___	___	___	
Reap [Gari]	___	___	Pull [Komi]	___	___	___	___	
Hook [Gake]	___	___	Grip [Kumi]	___	___	___	___	
Sweep [Harai]	___	___	Drop [Otoshi]	___	___	___	___	
Wheel [Guruma]	___	___	Release of Spirit Sounds like a Yell [Kiai]	___	___	___	___	
<u>Demonstration</u>								
<u>General</u>			<u>Throws</u>			<u>Pins</u>		
	<u>P</u>	<u>F</u>		<u>P</u>	<u>F</u>		<u>P</u>	<u>F</u>
Posture	___	___	O Uchi Gari	___	___	Tate Shiho Gatame	___	___
Sitting	___	___	Seoinage	___	___	Yoko Shiho Gatame	___	___
Walking	___	___	<u>Block/Avoidances for Above Throw</u>			<u>Escapes for Above Pins</u>		
Turning	___	___	Lift Leg	___	___	Head Push with Leg	___	___
Falling	___	___	Jump Around	___	___			
Grips	___	___						
Breaks	___	___						
Mat Entries	___	___						

Name _____ Age ____ Date _____ Pass ____ Fail ____
Name of Judge _____

Florida Judo, Inc. Judo Rank System

Kyu Grade Minimum Age Belt Color
Yonkyu Orange

<u>History & General Knowledge</u>					
				<u>P</u>	<u>F</u>
In Matwork- What is considered outside, before a pin is called? [When no part of either body is touching the contest area]				___	___
After Pin is called, what is out? [same as above]				___	___
What is the penalty for stepping out to throw? [Shido]				___	___
What is the penalty for stepping out for no reason? [Shido]				___	___
What does the Referee say to start and end the contest? [Hajime, Sore Made]				___	___
How many officials usually conduct a contest? [3]				___	___
How long must you hold Osae Komi for full point? [25 seconds]				___	___
What do the judges do when the Referee asks for their decision? [Hold up a flag]				___	___
What do the officials do if Matte is called in error? [Place players back in their position]				___	___
<u>Terminology</u>					
	<u>P</u>	<u>F</u>		<u>P</u>	<u>F</u>
Slight Infringement [Shido]	___	___	Win by Decision [Yusei Gachi]	___	___
	___	___	Failure to Show [Fusen Gachi]	___	___
	___	___	Unattributable Injury [Kiken Gachi]	___	___
Grave Infringement [Hansoku Make]	___	___	Combination Win [Sogo Gachi]	___	___
Call for Decision [Hantei]	___	___	That is all [Sore Made]	___	___
Draw [Hiki Wake]	___	___	6th Kyu [Rokkyu]	___	___
Falling [Ukemi]	___	___	5th Kyu [Gokyu]	___	___
Front [Zempo]	___	___	4th Kyu [Yonkyu]	___	___
Back [Koho]	___	___	3rd Kyu [Sankyu]	___	___
Rolling [Kaiten]	___	___	2nd Kyu [Nikyu]	___	___
			1st Kyu [Ikkyu]	___	___

Florida Judo, Inc. Judo Rank System

Kyu Grade Minimum Age Belt Color
Yonkyu Orange

<u>Demonstration</u>									
	<u>General</u>			<u>Throws</u>				<u>Pins</u>	
	<u>P</u>	<u>F</u>		<u>P</u>	<u>F</u>		<u>P</u>	<u>F</u>	
Posture	—	—	Koshi Guruma	—	—	Kami Shiho	—	—	
Sitting	—	—	Tomoe Nage	—	—	Gatame Kuzure Kami Shiho Gatame	—	—	
Walking	—	—	De Ashi Barai	—	—	<u>Escapes for Above Pins</u>			
Turning	—	—	Tsuri Komi Goshi	—	—	Double Leg Roll	—	—	
Falling	—	—	<u>Block/Avoidances for Above Throw</u>			Uphill Turn	—	—	
Grips	—	—	Twist & Pull Arm	—	—				
Breaks	—	—	Round Off	—	—				
Mat Entries	—	—	Lift Leg	—	—				
			Jump Around	—	—				
			<u>Combinations to Above Throws</u>						
			O Soto Gari	—	—				
			<u>Counters For Above Throws</u>						
			Tani Otoshi	—	—				
			O Uchi Gari	—	—				

Name _____ Age ____ Date _____ Pass ____ Fail ____
Name of Judge _____

Florida Judo, Inc. Judo Rank System

Kyu Grade	Minimum Age	Belt Color
Sankyu	9	Green

<u>History & General Knowledge</u>				
	<u>P</u>	<u>F</u>		
What is the Referee's Signal for: Ippon	___	___		
Waza Ari	___	___		
Yuko	___	___		
Osae Komi	___	___		
Toketa	___	___		
What is the Referee's Signal for: Hiki Wake (Draw)	___	___		
Matte (Stop)	___	___		
Invalid Technique	___	___		
Non Combativity	___	___		
Cancelling a Score	___	___		
Indicating a Winner	___	___		
<u>Terminology</u>				
	<u>P</u>	<u>F</u>		<u>P</u>
		<u>F</u>		<u>P</u>
1st Degree Dan [Shodan]	___	___	Posture In General [Shisei]	___
2nd Degree Dan [Nidan]	___	___	Natural Posture [Shizen Hontai]	___
3rd Degree Dan [Sandán]	___	___	Defensive Posture [Jigo Hontai]	___
4th Degree Dan [Yodan]	___	___	Defense [Bogyo]	___
5th Degree Dan [Godan]	___	___	Pivoting [Tai Sabaki]	___
6th Degree Dan [Rokudan]	___	___	Body Movement [Shin Tai]	___
7th Degree Dan [Shichidan]	___	___	Walking - sliding one foot behind	___
			[Sugi Ashi]	___
8th Degree Dan [Hachidan]	___	___	Normal Walking [Ayumi Ashi]	___
9th Degree Dan [Kudan]	___	___		
10th Degree Dan [Judan]	___	___		
12th Degree Dan [JuNidan]	___	___		
honorary				

Florida Judo, Inc. Judo Rank System

Kyu Grade Minimum Age Belt Color
Sankyu 9 Green

<u>Demonstration</u>									
	<u>General</u>			<u>Throws</u>			<u>Pins</u>		
	<u>P</u>	<u>F</u>		<u>P</u>	<u>F</u>		<u>P</u>	<u>F</u>	
Posture	___	___	Uki Goshi	___	___	Kuzure Kesa Gatame	___	___	
Sitting	___	___	Ko Uchi Gari	___	___	Kuzure Kata Gatame	___	___	
Walking	___	___	Harai Goshi	___	___	<u>Escapes for Above Pins</u>			
Turning	___	___	Sasae Tsuru Komi Ashi	___	___		Sit Up	___	___
Falling	___	___	<u>Block/Avoidances for Above Throw</u>			Uphill Turn	___	___	
Grips	___	___	Lift Leg	___	___				
Breaks	___	___	Jump Around	___	___				
Mat Entries	___	___	<u>Combinations to Above Throws</u>						
			Ko Uchi Gari	___	___				
			O Uchi Gari	___	___				
			O Soto Gari	___	___				
			<u>Counters For Above Throws</u>						
			Tani Otoshi	___	___				

Name _____ Age ___ Date _____ Pass ___ Fail ___
Name of Judge _____

Florida Judo, Inc. Judo Rank System

Kyu Grade	Minimum Age	Belt Color
Nikyu	11	Blue

<u>History & General Knowledge</u>								
				<u>P</u>	<u>F</u>			
What is the Judge's Signal for a player stepping out?				___	___			
What is the Judge's Signal for a player staying in to throw?				___	___			
What is the Judge's Signal to differ with the Referee's call?				___	___			
How does the Judge attract the Referee's attention?				___	___			
What is the penalty for:				___	___			
Putting a hand in someone's face? [Shido]				___	___			
Bending opponent's fingers? [Shido]				___	___			
Stepping out to throw? [Shido]				___	___			
Applying a lock anywhere except the elbow? [Hansoku Make]				___	___			
Diving head first into the mat to throw? [Hansoku Make]				___	___			
Disregarding the Referee's instructions? [Hansoku Make]				___	___			
<u>Terminology</u>								
		<u>P</u>	<u>F</u>			<u>P</u>	<u>F</u>	
Throwing Technique [Nage Waza]	___	___	Pinning Technique [Osae Komi Waza]	___	___	Choking Technique [Shime Waza]	___	___
Standing Technique [Tachi Waza]	___	___	Locking Technique [Kansetsu Waza]	___	___	Combination Techniques [Renraku Waza]	___	___
Back Sacrifice Technique [Ma Sutemi Waza]	___	___	Counter Technique [Kaeshi Waza]	___	___	Outside [Soto]	___	___
Side Sacrifice Technique [Yoko Sutemi Waza]	___	___	Counter [Kaeshi]	___	___	Rear [Ura]	___	___
Mat Technique [Katame Waza]	___	___	Valley [Tani]	___	___	Rear [Ushiro]	___	___
Favorite Technique [Tokui Waza]	___	___	Side [Yoko]	___	___	Corner [Shiho]	___	___
Right [Migi]	___	___	Left [Hidari]	___	___	Inside [Uchi]	___	___
Left [Hidari]	___	___	Inside [Uchi]	___	___			

Florida Judo, Inc. Judo Rank System

Kyu Grade Minimum Age Belt Color
 Nikyu 11 Blue

<u>Demonstration</u>										
	<u>General</u>			<u>Throws</u>			<u>Pins</u>			
	<u>P</u>	<u>F</u>		<u>P</u>	<u>F</u>		<u>P</u>	<u>F</u>	<u>F</u>	
Posture	___	___	Tai Otoshi	___	___	Kuzure Tate	___	___		
Sitting	___	___	Uchi Mata	___	___	Shiho Gatame	___	___		
						Kuzure Yoko				
Walking	___	___	Okuri Ashi Barai	___	___	<u>Escapes for Above Pins</u>				
						Turning	___	___	Hane Goshi	___
Falling	___	___	<u>Block/Avoidances for Above Throw</u>			___	___	Uphill Turn	___	___
			Grips	___	___			Jump Around	___	___
Breaks	___	___	Inside Block	___	___	Nami Juji Jime	___	___		
Mat Entries	___	___	Lift Leg	___	___	Kata Juji Jime	___	___		
			Twist & Cut	___	___	<u>Blocks for above Chokes</u>				
			<u>Combinations to Above Throws</u>			Wedge	___	___		
			O Uchi Gari	___	___	Roll elbow	___	___		
			Tai Otoshi	___	___					
			<u>Counters For Above Throws</u>							
			O Uchi Gari	___	___					
			Te Guruma	___	___					
			De Ashi Barai	___	___					
			Harai Tsuru Komi	___	___					
			Ashi							

Name _____ Age ___ Date _____ Pass ___ Fail ___
 Name of Judge _____

Florida Judo, Inc. Judo Rank System

Kyu Grade	Minimum Age	Belt Color
Ikkyu	13	Purple

History & General Knowledge

	<u>P</u>	<u>F</u>
What is score for throwing opponent on his/her back - hard and fast? [Ippon]	___	___
If one of the required elements is missing, what is the score? [Waza Ari]	___	___
If more than one of the required elements are missing, what is the score? [Yuko]	___	___
What is the score for holding Uke under control for:	___	___
25 seconds? [Ippon]	___	___
24-20 seconds? [Waza Ari]	___	___
19-15 seconds? [Yuko]	___	___
What is the score if Uke submits for any reason? [Ippon]	___	___

Terminology

	<u>P</u>	<u>F</u>		<u>P</u>	<u>F</u>
Standing Bow [Ritsu Rei]	___	___	Escapes [Fusegi]	___	___
Kneeling Bow [Zarei]	___	___	Martial Art [Budo]	___	___
Sit on Knees [Seiza]	___	___	Way of Warrior [Bushido]	___	___
Sit Cross legged [Anza]	___	___	Practice Hall [Dojo]	___	___
General Exercise [Taiso]	___	___	Straw Mat [Tatami]	___	___
Warm Up [Junbi Undo]	___	___	Pantomime [Tandoku Renshu]	___	___
Cool Off [Shumatsu Undo]	___	___	Slide [Okuri]	___	___
General Practice [Keiko]	___	___	Tournament [Shiai]	___	___
Alt. Throw [Sute Gake]	___	___	Internal Strength [Ki]	___	___
			Release of Inner Strength, sounding like a yell [Kiai]	___	___

Florida Judo, Inc. Judo Rank System

Kyu Grade Minimum Age Belt Color
Ikkyu 13 Purple

<u>Demonstration</u>									
	<u>General</u>			<u>Throws</u>			<u>Pins</u>		
	<u>P</u>	<u>F</u>		<u>P</u>	<u>F</u>		<u>P</u>	<u>F</u>	
Posture	___	___	Hiza Guruma	___	___	Ushiro Kesa	___	___	
						Gatame			
Sitting	___	___	O Guruma	___	___	<u>Escapes for Above Pins</u>			
Walking	___	___	Ashi Guruma	___	___	Uphill Turn	___	___	
Turning	___	___	Yoko Otoshi	___	___	<u>Chokes</u>			
Falling	___	___	Sumi Gaeshi	___	___	Gyaku Juji Jime	___	___	
Grips	___	___	Uki Waza	___	___	Hadaka Jime	___	___	
Breaks	___	___	<u>Block/Avoidances for Above Throw</u>			Okuri Eri Jime	___	___	
Mat Entries	___	___	Step Around	___	___	Kataha Jime			
			Lift/Push grip	___	___	<u>Blocks for above Chokes</u>			
			Bend Knees	___	___	Press Elbow	___	___	
			Push Legs	___	___	Pull Tori's Arm	___	___	
			Jump Around	___	___				
			<u>Combinations to Above Throws</u>						
			O Soto Gake	___	___				
			O Uchi Gari	___	___				
			<u>Counters For Above Throws</u>						
			Ushiro Goshi	___	___				
			Ko Soto Gake	___	___				

Name _____ Age ___ Date _____ Pass ___ Fail ___
 Name of Judge _____

Junior Promotion Requirements Summary

Rank	Nage Waza (Throwing Techniques)	Ne Waza (Mat Techniques)	Shiai	Wins	Min. Age
Jr. Rokkyu (White)	O Soto Gari O Goshi	Kesa Gatame Kata Gatame	0	0	-
Jr. Gokyu (Yellow)	O Uchi Gari Ippon Seoinage Morote Seoinage	Tate Shiho Gatame Yoko Shiho Gatame	2	1	-
Jr. Yonkyu (Orange)	Koshi Guruma Tomoe Nage De Ashi Barai Tsuru Komi Goshi	Kami Shiho Gatame Kuzure Kami Shiho Gatame	4	3	-
Jr. Sankyu (Green)	Uki Goshi Ko Uchi Gari Harai Goshi Sasae Tsuru Komi Ashi	Kuzure Kesa Gatame Kuzure Kata Gatame	6	4 (2)	9
Jr. Nikyu (Blue)	Tai Otoshi Uchi Mata Okuri Ashi Barai Hane Goshi	Kuzure Tate Shiho Gatame Kuzure Yoko Shiho Gatame Nami Juji Jime Kata Juji Jime	9	6 (2)	11
Jr. Ikkyu (Purple)	Hiza Guruma O Guruma Ashi Guruma Yoko Otoshi Sumi Gaeshi Uki Waza	Ushiro Kesa Gatame Gyaku Juji Jime Hadaka Jime Okuri Eri Jime Kataha Jime	12	8 (2)	13

NOTES:

1. SHIAI/WINS are counted since last promotion.
2. (2) means 2 of the WINS against equal or higher rank opponents.
3. Each rank's requirements include all listed waza for lower ranks.

Part IV

STANDARDIZATION OF RANKS

FOR COMPETITORS

CLASSIFICATIONS

CLASS

- A** Team members to Olympics, World Championships, or Pan American Games (men and Women)
- B** Placing 1st, 2nd, or 3rd in the US Nationals and any points received in international tournaments. (Should include World Youth Championships and CISM Games)
- C** Placing 1st, 2nd, or 3rd at regional black belt divisions (should include National and Eastern Collegiates and National High School Champ.)
- D** Placing 1st, 2nd, or 3rd in National Kata Championships, men and women
- E** Competes in any tournament and earns points according to the number of wins (includes Masters' competition)

MINIMUM TIME IN GRADE

Grade	A	B	C	D	E
Nidan	1/2 yr.	1 yr.	1 1/2 yrs.	2 1/2 yrs.	Pts. earned
Sandan	1 yr.	2 yrs.	2 1/2 yrs.	3 1/2 yrs.	“
Yondan	1 1/2 yrs.	3 1/2 yrs.	4 yrs.	5 1/2 yrs.	“
Godan	3 yrs.	5 yrs.	6 yrs.	8 yrs.	“
Rokudan	5 yrs.	7 yrs.	9 yrs.	12 yrs.	“

To Decrease Time-in-grade by Competition Points

All judoka (grades A to E) can earn points to decrease time-in-grade by competition. Remember...only points which are earned since the last promotion count.

POINTS EARNED BY WINNING A JUDO COMPETITION

Beating opponent one rank lower	1/2 pt.
Beating opponent of equal rank	1 pt.
Beating opponent one rank higher	1 1/2 pts.
Beating opponent two ranks higher	2 pts.
Beating opponent three ranks higher	3 pts.

TIME IN GRADE REDUCED BY POINTS EARNED

RANK	5 POINTS	10 POINTS	15 POINTS	20 POINTS	MINIMUM AGE
SHODAN	2 YRS	1 YR	9 MOS	6 MOS	15 YRS
NIDAN	3 YRS	2 YRS	1.5 YRS	1 YR	16 YRS
SANDAN	4 YRS	3 YRS	2 YRS	1.5 YRS	18 YRS
YONDAN	5.5 YRS	4 YRS	3 YRS	2 YRS	21 YRS
GODAN	6.5 YRS	5 YRS	4 YRS	3 YRS	26 YRS
ROKUDAN	8 YRS	6 YRS	5 YRS	4 YRS	32 YRS
SHICHIDAN	10 YRS	8 YRS	6 YRS	5 YRS	42 YRS

FOR NON COMPETITORS

Remember that...competitors who are no longer competing due to injuries, retirement, and age but are active in the sport should be credited for promotions.

NUMBER OF YEARS OF CONTRIBUTION WHICH DECREASES TIME IN GRADE

RANK	TIG	YOC/TIG	YOC/TIG	YOC/TIG	YOC/TIG
SHODAN	3 YRS	3YRS/2YRS			
NIDAN	4 YRS	4YRS/3YRS			
SANDAN	6 YRS	5YRS/4YRS	4YRS/5YRS		
YONDAN	8 YRS	6YRS/5YRS	5YRS/4YRS	4YRS/7YRS	
GODAN	10 YRS	7YRS/6YRS	6YRS/7YRS	5YRS/8YRS	4YRS/9YRS
ROKUDAN	15 YRS	8YRS/9YRS	7YRS/10YRS	6YRS/11YRS	5YRS/12YRS
SHICHIDAN	18 YRS	9YRS/11YRS	8YRS/12YRS	7YRS/13YRS	6YRS/14YRS
HACHIDAN	21 YRS	10YRS/13YRS	9YRS/14YRS	8YRS/15YRS	7YRS/16YRS

Questions on this part? Contact the Promotion Secretary!

YEARS OF CONTRIBUTION

The years of contribution can be earned as follows by a non-competitor as well as a competitor
(All Classes)

1. Judo Instructor (clubs, schools, colleges)
2. Judo Coach (local, regional, national, international)
3. Certified referee (local, regional, national, international)
4. Administrator (USJI Class A, B, C, national, international)
5. Tournament Participant:
 - Director, Assistant director
 - Timekeeper, scorer, etc.
 - General helper and official (publicity, fund-raiser, in charge of transportation, housing, refreshments, etc.)
6. Medical/trainer
7. Serve the Sport of Judo in any capacity
 - participants in judo clinics (teacher or student)
 - serving on committees or subcommittees
 - Life membership
 - Fundraising (support group)
 - Research, Scientific papers, writings, reports, texts. etc.

Remember that.....the time in grade is only one of the requirements for promotion. The applicant must also fulfill other requirements. The time in grade starts from the date of the last promotion. What was earned before that last promotion cannot count towards the next promotion.



FLORIDA JUDO INCORPORATED

PROMOTION LOG BOOK

We want everyone associated with Florida Judo Inc. to have this promotion information. The log book was designed for use as an official record of promotion points, so make as many copies of the pages as you need. As always, if you have any questions about promotions, contact the promotions secretary, or chairman. Thank you for your association with FJI and US Judo.

JUDO RECORD

NAME: _____ DATE OF BIRTH: _____
(MONTH DAY YEAR)

ADDRESS: _____
(STREET CITY STATE ZIP)

JUDO RANK: _____ DATE OF RANK: _____
(MONTH DAY YEAR)

CLUB AFFILIATION: _____

STATE GOVERNING BODY: FLORIDA JUDO INCORPORATED

REFEREE CERTIFICATION: _____
(LOCAL, STATE, NAT'L, ETC.) (DATE TESTED)

PROMOTION DATES:

IKKYU _____
(DATE ACHIEVED)

YONDAN _____
(DATE ACHIEVED)

SHODAN _____
(DATE ACHIEVED)

GODAN _____
(DATE ACHIEVED)

NIDAN _____
(DATE ACHIEVED)

ROKUDAN _____
(DATE ACHIEVED)

SANDAN _____
(DATE ACHIEVED)

SHICHIDAN _____
(DATE ACHIEVED)

SIGNATURE

LIST PLACES YOU TAUGHT JUDO

DATE FROM	DATE TO	DOJO NAME	DOJO LOCATION	ROLE (Head or Assistant Instructor)

LIST PLACES YOU TAUGHT JUDO

DATE FROM	DATE TO	DOJO NAME	DOJO LOCATION	ROLE (Head or Assistant Instructor)
------------------	----------------	------------------	----------------------	--

LIST JUDO KATAS STUDIED

DATE(S)	LOCATION(S) STUDIED	NAME OF KATA

LIST JUDO KATAS STUDIED

DATE(S)	LOCATION(S) STUDIED	NAME OF KATA

LIST MAJOR JUDO COMPETITIONS COMPETED IN

DATE	EVENT	LOCATION	DIVISION	WINS	LOSSES	POSITION	POINTS

LIST MAJOR JUDO COMPETITIONS COMPETED IN

DATE	EVENT	LOCATION	DIVISION	WINS	LOSSES	POSITION	POINTS

LIST JUDO ACCOMPLISHMENTS OR AWARDS

DATE(S)	ACCOMPLISHMENT or AWARD	LIST ANYTHING THAT IS APPLICABLE

LIST JUDO ACCOMPLISHMENTS OR AWARDS

DATE(S)	ACCOMPLISHMENT or AWARD	LIST ANYTHING THAT IS APPLICABLE

LIST JUDO OFFICIAL POSITIONS YOU HOLD OR HELD

DATE FROM	DATE TO	POSITION/TITLE	ORGANIZATION	ANY OTHER APPLICABLE INFORMATION



FLORIDA JUDO, INC.

PROMOTION FEES

KYU RANKS

JUNIOR KYU {YELLOW, ORANGE, GREEN, BLUE, PURPLE}

Florida Judo Inc. promotion fee: \$10.00

SENIOR KYU {GREEN and BROWN Sankyu, Nikyu, Ikkyu}

Florida Judo Inc. promotion fee: \$10.00

DAN RANKS / USA Judo Fee:

Florida Judo Inc. Fee:

Shodan	\$150.00	\$35.00
Nidan	\$175.00	\$45.00
Sandan	\$200.00	\$55.00
Yodan	\$225.00	\$70.00
Godan	\$250.00	\$80.00
Rokudan	\$275.00	\$90.00
Schichidan	\$300.00	\$100.00
Hachidan	\$325.00	\$110.00

I.J.F. Promotion Certificate application form will be sent with your Promotion Certificate.

Kodokan rank certificates: Apply for after you receive your Dan certificate.

Include a passport size photograph with your rank History and USA Judo recommendation form for all DAN promotions!

It's important that you make out One Check to USA Judo for all Dan Promotions. Plus! One check to Florida Judo Inc. for all Kyu & Dan processing fees.

Important!!!! Send all related forms & History to:

Florida Judo Inc. Promotion Secretary

c/o William E. Andreas

1075 SW 24th Ave.

Boynton Beach, FL 33426

NOTE:

All Prices subject to change without further notice.

Revised: 03/12/2013



Individual Recommendation for Promotion

Name: _____
Last Name First Name Middle Name

Address: _____
House Number or P.O. Box Street

City: _____ State: _____ ZIP: _____

USA Judo Membership Number: _____ Age: _____ Date of Birth: _____

Affiliation: Dojo: _____

Instructor: _____

Date Started Judo: _____

Promotion History					
Rank	Date of Promotion	Rank	Date of Promotion	Rank	Date of Promotion
Ikkyu		3 rd Dan		6 th Dan	
1 st Dan		4 th Dan		7 th Dan	
2 nd Dan		5 th Dan		8 th Dan	

Katas Completed for this promotion: (Check and complete as appropriate)

<input type="checkbox"/>	Nage-no-Kata	<input type="checkbox"/>	Ju-no-kata
<input type="checkbox"/>	Katame-no-Kata	<input type="checkbox"/>	Other - Identify
<input type="checkbox"/>	Other - Identify	<input type="checkbox"/>	Other - Identify

Applicant must attach *USA Judo Major Shiai Contest and Special Awards Record Sheet*

Rank being promoted to: _____

Effective Date of Promotion: _____

Group "B" Promoting Organization: _____

Individual Recommending Promotion: _____

Group "B" Promotion Chairman: _____

Print/Type - Last Name, First Name, Middle Initial

I, the above identified Group "B" Promotion chairman, do hereby affirm that the above candidate has satisfied this organization's requirements for the rank which is identified, as acknowledged by all members of this states promotion committee.

Signature

Date

National Office Use Only

Amount Received	<input type="text"/>	Check No:	<input type="text"/>	Membership Verified	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Forward to Promotion Committee	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Promotion No. Assigned:	<input type="text"/>		
Date Entered Into Computer	<input type="text"/>	Date Certificate Mailed	<input type="text"/>	Date Notification Letter Mailed	<input type="text"/>	<input type="text"/>

KYU RANK
APPLICATION
For
Promotion Certificate

I hereby make application and enclose fee for a Florida Judo Incorporated Promotion Certificate in the name of

Please Print

Promotion Date _____

U.S.J.I. # _____

- For the Rank of:
- | | | |
|---|---------------------------------|---------------------------------|
| <input type="checkbox"/> Junior \$10.00 | <input type="checkbox"/> Rokyu | <input type="checkbox"/> Sankyu |
| <input type="checkbox"/> Senior \$10.00 | <input type="checkbox"/> Gokyu | <input type="checkbox"/> Nikyu |
| | <input type="checkbox"/> Yonkyu | <input type="checkbox"/> Ikkyu |

Make checks payable to: Florida Judo Incorporated (F.J.I.) and send to:
FJI Promotion Secretary
c/o William E. Andreas
1075 SW 24th Ave.
Boynton Beach, FL 33426

For Official Use Only

Application Date: _____
Amt. Rcvd.: _____
<input type="checkbox"/> Check <input type="checkbox"/> Money Order <input type="checkbox"/> Other
Check or Money Order # _____
Cert. # _____
U.S.J.I. # _____

Applications for Dan Ranks
Must be filed on an official U.S.J.I. form.

Sensei _____

Club _____

Address _____

Signed _____

Please do not send cash

KYU RANK
APPLICATION
For
Promotion Certificate

I hereby make application and enclose fee for a Florida Judo Incorporated Promotion Certificate in the name of

Please Print

Promotion Date _____

U.S.J.I. # _____

- For the Rank of:
- | | | |
|---|---------------------------------|---------------------------------|
| <input type="checkbox"/> Junior \$10.00 | <input type="checkbox"/> Rokyu | <input type="checkbox"/> Sankyu |
| <input type="checkbox"/> Senior \$10.00 | <input type="checkbox"/> Gokyu | <input type="checkbox"/> Nikyu |
| | <input type="checkbox"/> Yonkyu | <input type="checkbox"/> Ikkyu |

Make checks payable to: Florida Judo Incorporated (F.J.I.) and send to:
FJI Promotion Secretary
c/o William E. Andreas
1075 SW 24th Ave.
Boynton Beach, FL 33426

For Official Use Only

Application Date: _____
Amt. Rcvd.: _____
<input type="checkbox"/> Check <input type="checkbox"/> Money Order <input type="checkbox"/> Other
Check or Money Order # _____
Cert. # _____
U.S.J.I. # _____

Applications for Dan Ranks
Must be filed on an official U.S.J.I. form.

Sensei _____

Club _____

Address _____

Signed _____

Please do not send cash

FJI PROMOTION GUIDELINES FOOTNOTE:

Just a few of the people that helped create these guidelines while under Sunshine State Judo Inc. II are Professor Edwin Maley, Jack Williams, Tai Yosheda, and Frank Phillips. Thanks to them and everyone else that helped create these guidelines. Sorry I do not have everyone's name that helped work on the creation of this document.

Modifications were made when these guidelines were converted from SSJI II to FJI.

Special thanks to Jack Williams for the modification of logs in 2006.